



CLEOPATRA'S
SPA AND WELLNESS



Drawing inspiration from the style and elegance of the legendary ancient Egyptian queen of the same name, Cleopatra's Spa captures the wonders of Arabia presenting them in a superbly luxurious spa experience. As one of the largest day spas in the United Arab Emirates, it is renowned for its outstanding service, luxurious settings and wide selection of international treatments designed to accommodate every need.

Cleopatra's spa offers a high standard of service and opulent surroundings. The spa operates both a Male and Female Spa 7 Days a week to offer you your treatment when you need it most!

Telephone number: +9714 3247700
Email : cleopatras.spa@wafi.com
website: www.cleopatrasspaandwellness.com

Cleopatra's Spa Opening Hours
Female Spa: 09:00 am - 09:00 pm Daily
Male Spa - 10:00 am - 09:00 pm Daily

VAT - Following the United Arab Emirates (UAE) Ministry of Finance, the Value Added Tax (VAT) of 5% is inclusive on all Cleopatra's Spa's retail products, services and treatment rates.



MALE SPA RECEPTION



ELEMIS BIOTEC FACIALS

One our facials that deliver immediate, visible and longer lasting results . The pioneering BIOTEC machine works to switch your skin back on, increasing its natural cellular energy. Technology turbo-charges touch. The clinically proven result? Visibly healthy, nourished and energized skin.

Biotec Line Eraser – AED 620

Target wrinkles and energise the skin towards optimum performance with micro-current pulses and red and blue light therapy. A powerfully rejuvenating clinically proven facial treatment that effectively irons out wrinkles and fills out lines.

Biotec Firm-a-Lift – AED 660

Rediscover the architecture of your face with this ground-breaking blend of massage and sculpting galvanic technology. Skin is visibly strengthened for a contoured complexion that is remarkably lifted.

Biotec Skin Resurfacer – AED 675

This revolutionary clinically proven* facial addresses skin tone, blemishes and fine lines to transform the texture of the skin. The ultrasonic peel, massage and light therapy deliver a complexion that has never been smoother.

Biotec Radiance Renew – AED 645

This cellular-boosting treatment targets sluggish complexions. The ultrasonic peel stimulates the removal of impurities and dead skin cells, while the galvanic rejuvenating current restores moisture for instantly clearer and visibly brighter skin.



ELEMIS HANDS ON FACIALS

Elemis Pro-Collagen Age Defy - AED 620

Clinically proven to reduce the number of wrinkles by up to 94% and improve skin firmness by up to 57% after just one treatment. Specialized lift massage, combined with proven marine extract, padina pavonica, helps re-energize cell communication and rejuvenate skin. A 60 minutes facial followed by a 15 minutes eye treatment.

Elemis Dynamic Resurfacing Precision Peel - AED 675

Peel away the years for smoother, renewed skin

Clinically proven to resurface up to 75% and increase skin smoothness by up to 30% after just one treatment. Pioneering precision layering of tri-enzyme serums, these unique treatment targets blemishes, uneven skin tone, superficial facial scarring and fine lines, revealing younger looking skin. A 60 minutes results focus facial.

Elemis Super foods Pro-Radiance - AED 645

Revives dull, slackened, restoring radiance

Perfect pre-occasion treatment, moisture levels are clinically proven to increase up to 60% and elasticity by up to 40% after just 1 treatment. Specialized micro-circulatory massage, combined with a two phase amino active mask, helps smooth, firm, plump and restore radiance. A 60 minutes facial followed by a 15 minutes eye treatment.

Elemis Skin Specific Facial - AED 435

The perfect skin maintenance facial; this facial is customized to your skin type, this facial combines skin conditioning plant actives, a prescribed mask and unique eastern facial massage techniques. A 60 minutes results focus facial.



DR. DENNIS GROSS FACIAL

All treatments are incorporated with medical grade Alpha and Beta Hydroxyl acids to reveal a healthy and luminous complexion without downtime or recovery time, excellent for all skin type and conditions except Cystic Acne. (50 minutes)

Alpha Beta Deluxe Facial - AED 585

Non irritating, gentle exfoliating formula helps decrease fine lines and wrinkles, reduce pore size, prevent future breakouts. Whilst relaxing shoulder massage, arm massage and application of our breakthrough self heating mask to plumped and leaving the skin visibly radiant.

Extra Strength Alpha Beta Deluxe - AED 585

A powerful version of Alpha Beta facial that provides higher concentration of acids that deliver a stronger peel without added irritation. Helps diminish fine lines and wrinkles, treats enlarged pores and blackheads, calms redness and soothing botanicals, reduce breakouts and acne, improve dark spot and skin tone.

Acne Detox Facial - AED 585

Used either Extra Strength or Original Peel. Ideal for client who want to improve skin clarity, reduce inflammation associated with breakouts and minimize skin pores.





BODY MESSAGES

Elemis Deeper Than Deep Hot Stone Massage - AED 560

Therapeutic heat is slowly released into the belly of the muscle for a completely new body experience. Small stones are placed on key energy points, whilst luxuriously warmed oils are massaged deeply into the body for maximum relaxation. This treatment excites every sense and provides a unique aromatic journey for the soul. A 60 minutes hot stone massage following a 15 minutes relaxing and balancing head massage.

Swedish Relaxation Treatment - AED 295/420/565

European massage techniques are used to release tension and induce relaxation. A mild to medium pressure full body massage with use of blended nourishing oils. (30, 60 and 90 minutes)

Balinese Massage - AED 315/440/585

A medium to firm pressure massage combines gentle stretching, palm stroking, skin rolling, pinching, kneading and thumb pressures using natural oils and massage techniques to breakdown tension, unblock meridian lines & soothe both body & mind. (30, 60 and 90 minutes)

Deep Tissue Massage - AED 335/465/620

Submit your body to a vigorous workout of deep rhythmic pressure massage focused on relieving specific stress and muscle tension, this powerful, customized massage, uses dynamic blends of essential oils to suit individual needs. (30, 60 and 90 minutes)

Elemis Peaceful Pregnancy Massage - AED 435

This inspirational therapy connects mother and baby through the power of touch, working with two heartbeats as one. Specialized positioning is used to ensure the ultimate in safety, comfort and relaxation. Helping to relieve tension in the back and alleviating swelling in the hands and feet, while easing the mind and uplifting the spirit. A 60 minutes massage followed by a 15 minutes cleanse and tone facial.

Reflexology - AED 380

A massage which pressure is applied onto particular areas of the soles of the feet. The pressing of the "reflex area" on the feet is effective in stimulating the functions of the internal organs. (60 minutes)

Indian Head Massage - AED 330

This treatment combines both gentle and stimulating techniques on the upper back, shoulders, neck and scalp to improve blood flow, nourish the scalp and induce a deep sense of calm. A selection of hair oils are available to best suit your hair type and mood. The relaxing hair oil with lavender and mandarin will improve sleep and distress after a long day. (30 minutes)

CLEOPATRA'S TOUCH POINTS

Detoxifying Herbal Hammam - AED 545

Enjoy this purifying hammam from ancient Arabia, the true roots of Shiffa. Relax and let the scented black olive soap purify your body and clear your senses. Glow with vitality as a vigorous exfoliation with your personal Moroccan hammam mitt leaves your skin stimulated and re-energized. Detoxifying body wrap of green clay mixed with a blend of essential oils will help draw out impurities and further soften skin. To complete your body detox the Shiffa energizing oil is massaged into the skin to uplift, refresh and ease muscle tension. (60 minutes)

Aromatic Basil and Mint Body Scrub - AED 450

This beautifully aromatic basil and mint body exfoliation uplifts the body while the scalp massage using the stimulating Invigorating Hair Oil, leaves you feeling magically refreshed and cleansed. Complete your exfoliation with a luxurious application of Shiffa Energizing body oil which leaves skin tingling and nourished. (60 minutes)

Cleopatra's Milk and Yogurt Body Wrap - AED 455

A luxury treatment designed to make you feel like royalty in just 60 minutes. A combination of full body scrub and a nourishing milk mask and finish with a body wrap to ease away your aches and pains in a relaxed serenity. (60 minutes)

Exotic Lime and Ginger Salt Scrub - AED 360

An exotic exfoliation ritual to invigorate and revitalize the body. Elemis Exotic Lime and Ginger Salt Glow deep cleanses, polishes and softens skin to perfection. (45 minutes)

Skin Nourishing Milk Bath - AED 230

Feel like Queen Cleopatra reclining the royal splendor in a deluxe hydro bath filled with nourishing milk proteins and essential oils. Good for dehydrated, dry & irritated skin. (30 minutes)

CLEOPATRA'S ROYAL RITUALS

Pure Royal Indulgence with Bath - AED 825

Relax in a bath of nourishing milk, frangipani perfume and romantic rose petals. Perfect treatment to feel luxurious and pampered. Feel like a princess with Pure Royal Indulgence treatment and the added luxury of a bathing and exfoliation ritual followed by a traditional Balinese massage. (120 minutes)

Balinese Coffee Ritual - AED 555

This exotically aromatic treatment hydrates and balances to moisturize dry skin conditions. A heavenly blend of chocolate and coffee scrub combined with a traditional Balinese massage is a truly indulgent taste of luxury. (90 minutes)

Cleopatra's Signature Rose Petal Milk Bath - AED 325

This "feel like" royal treatment will submerge you to rejuvenation at Cleopatra's most luxurious gold tub with rose petal bath filled with nourishing milk and frangipani perfume oil. (30 minutes)





Bride to be spa sessions

Pure Royal Indulgence with Bath
Session of 3 : AED 1800
Session of 6 : AED 3400

Cleopatra's Milk and Yogurt Body Wrap
Session of 3 : AED 1000
Session of 6 : AED 1900

Cleopatra's Signature Rose Petal Milk Bath
Session of 3 : AED 700
Session of 6 : AED 1300

Elemis Facials
Session of 3 : AED 1500
Session of 6 : AED 2800

DAY SPA PACKAGES

Diamond Spa Day (3 hours 15 minutes) AED 1300
Balinese Massage 60 minutes
Javanese Lulur Scrub 30 minutes
Rose Petal Milk Bath 30 minutes
Elemis Super foods Pro-Radiance 75 minutes
Includes day access at the Pharaohs' Club

Pre Party Glow (3hours) AED 1200
Shiffa Herbal Hammam 60 minutes
Swedish Relaxation treatment 60 minutes
Elemis Dymanic Resurfacing Facial 60 minutes
Includes day access at the Pharaohs' Club

Ruby Spa Day(2 hours 30 minutes) AED 1100
Exotic Lime and Ginger Salt Scrub 30 minutes
Balinese Massage 60 minutes
Elemis Skin Specific Facials 60 minutes
Includes day access at the Pharaohs' Club

Balancing – The Ayurvedic Way (2 hours 30 minutes) AED 950
Abyanggam Massage 60 minutes
Elakhizi Massage 30 minutes
Aloe Vera Body Mask 15 minutes
Chackra Balancing Heal Massage 30 minutes
Includes day access at the Pharaohs' Club

THREADING

Upper Lip AED 75
Eye Brow AED 70
Chin AED 60
Full Face AED 120

WAXING

Upper lip AED 65
Under arm AED 80
Arm Half/Full AED 110/150
Chest AED 130
Back and Shoulder AED 175
Stomach AED 90
Leg Half/full AED 120/175
Bikini Line AED 130
Bikini Line Plus AED 155
Brazilian AED 185

HANDS AND FEET

Hands or Feet Maintenance AED 155
Hands and Feet Maintenance AED 220
Paraffin Wax – Hands AED 110
Paraffin Wax – Feet AED 140

AYURVEDA AND CUPPING TREATMENTS



AYURVEDA MASSAGE

Abyanggam - AED 415/570

(Relaxation Therapy)

Abhyangam is a full body oil massage which helps to relax, promotes sleep and improves blood circulation. (60 or 90 minutes)

Elakizhi - AED 460/600

(Pain and Stiffness)

Elakkizhi is the herbal leaves poultice massage therapy which detoxifies the body. This is beneficial in muscular pain, joint stiffness, arthritis disorders and back aches. (60 or 90 minutes)

Chakra Balancing Head Massage - AED 305

(Stress relief, Relaxation Therapy)

A holistic Indian head massage therapy that balances body, mind and spirit, and promotes health and well being. The chakra balancing head massage is performed of which incorporates a neck and shoulders, arms and feet. (30 minutes)

Sirodhara - AED 620

(Stress Relief)

The holistic treatment to de stress both body and mind. The procedure comprises of a full body massage followed by Dhara (steady stream of herbal oils) poured on the forehead. This is excellent treatment of which improves concentration levels and memory. In addition highly recommended for individuals with sleeping disorders. (90 minutes)

Udwarthanam - AED 540

(Herbal Powder Massage for Slim and tone)

Herbal powder massage therapy is the anti cellulite treatment in Ayurveda. There are 17 types of rare herbs work to the deeper layers of skin and tissues and help deplete the fatty deposits. Recommended series of treatments or packages for better results. (90 minutes)

CUPPING/HIJAMA THERAPY

Cupping Therapy / Hijama is an alternative holistic treatment where vacuum is created by using small suction cups on different points of the body. It draws the skin up into the cups, relieving congestions and bringing deep-seated toxins towards the surface for elimination.

It can be performed either dry or wet (Hijama). For the free flow of your blood and energy.

Cupping Therapy for Detoxification and Well-being

Dry Cupping: (45 minutes) AED 510

Hijama Wet Cupping: (45 Minutes) AED 540

Promotes the free flow of the body's energy, blood and fluids. It detoxifies and removes congestion. Your immune system is stimulated, as well as the production of new and healthier blood. Cupping therapy will give you a new feeling of complete well-being.

Cupping Therapy for Obesity

Dry Cupping: (45 minutes) AED 510

Hijama Wet Cupping: (60 minutes) AED 570

Get the right start for your weight-loss program:

Cupping can boost your metabolism and stimulate your blood circulation. Detoxification and improved lymphatic drainage will help you to get your health and body back to balance

Cupping for Therapeutic Conditions

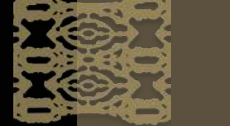
Dry Cupping: (45 minutes) AED 560

Hijama Wet Cupping: (60 minutes) AED 645

Therapy to restore your health and recover from various conditions, such as backaches, lumbago, sciatica, neck and shoulder pain, rheumatism, headache, migraine, stress headache, digestive problems, e.g. bloating, indigestion, chronic constipation, acidity,



Doctor Benazir Quraishi
Unani Medicine and Cupping Practitioner - Cleopatra's Spa
E-mail: benazir.quraishi@wafi.com



The Spa Etiquette

Wet Area Admission

175 Dhs payable for spa treatments valued at under 220Dhs
Complimentary with treatments 220Dhs and above

Reservations

To avoid disappointment, we recommend that bookings for spa treatments are made in advance to ensure that your preferred treatment or therapist is available. Appointments are subject to availability.

Group Bookings

A 50% deposit is required to reserve treatments for groups of above three people.

Check In

We recommend that guests arrive 30 minutes before the appointment time. The appointment time is the time that the treatment actually commences. We recommend that guests arrive 30 minutes beforehand so that they are able to enjoy the wet area facilities and complete the consultation and waiver forms (15 minutes before hand for consultation and waiver completion).

Amenities

Robes, slippers, and guest amenities are provided. Please bring your own swimwear if you wish to use the spa wet facilities.

Smoking and Alcohol

Smoking and the consumption of alcohol within the spa is strictly prohibited.

Minimum Age

Guests must be over 18 years of age to enter the Spa or to receive a treatment.

Refund Policy

Treatment packages, series, products and memberships are not refundable once purchased.

With regards to retail, should you be less than satisfied with purchased product, please return the product, with the original receipt within 10 days of purchase..

Cancellation policy

Cleopatra's Spa requires 24 hours notice period to cancel an appointment. Where possible we will assist with the rescheduling of a booking. Cancellations received within 6 hours of the treatment will incur a 50% cancellation fee. Full charge will be automatically imposed for a "no show" appointment (a guest who confirmed but did not show to the appointment)

Late arrivals

In the event of arriving late for your appointment, depending on the booking schedule, your treatment time may be reduced, or another treatment will be recommended to you. If your treatment time is reduced the full amount for the treatment will be required.

Personal items

Lockers and keys are provided for guests in the changing rooms. Cleopatra's Spa do not accept responsibility for the loss or damage of valuable items.

Mobile telephones

To ensure optimum relaxation of all of our visits, we request that mobile phones are put on silence, and phones are stored securely inside your locker during your treatment.

Spa Attire

Cleopatra's Spa provides bathrobes, disposable slippers and disposable underwear for each guest. Guests are advised to bring their own swim wear if they wish to use the Steam, Sauna, or Cold Plunge Pool.

Spa Gift Vouchers

Cleopatra's Spa vouchers can be redeemed for a range of spa treatments. Please speak with the receptionist for further details.