



CLEOPATRA'S
SPA AND WELLNESS

SPA MENU

WAFI
HEALTH CLUB
& SPA



CLEOPATRA'S

SPA AND WELLNESS

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WELCOME TO YOUR WORLD OF WELLNESS

Drawing inspiration from the style and elegance of the legendary ancient Egyptian queen of the same name, Cleopatra's Spa captures the wonders of Arabia presenting them in a superbly luxurious spa experience. As one of the largest day spas in the United Arab Emirates, it is renowned for its outstanding service, luxurious settings and wide selection of international treatments designed to accommodate every need.

We deliver an innovative collection of spa treatments, Ayurveda and Hijama, as well as other health and beauty services. The spa is housed in the beautiful Pyramids building at WAFI, together with Pharaohs' Club, a swimming pool and lazy river.

Both male and female spas are operated seven days a week, offering treatments to suit you and using key ingredients such as Argan oil, Oud, Amber, Salt, Rose and Frankincense.

Value Added Tax (VAT) of 5% is included on all Cleopatra's Spa's retail products, services and treatment rates.

CUPPING

SCHEDULE APPOINTMENT

04 324 7700

1. Face Cupping

30 mins, AED 380

Facial cupping is an excellent form of non-invasive treatment that can work to minimize the effects of sun and environmental damage, as well as ageing.

2. Targeted Cellulite Cupping

45 mins, AED 525

A pressurised suction cup is smoothly moved over areas of excess, dense and stubborn fat to stimulate blood flow and by doing so creating more oxygen circulation to help release toxins from areas where it is trapped, allowing toxins to flow naturally out of the body.

3. Detoxification and Well-Being

Dry Cupping: 45 mins, AED 545

Hijama or Wet Cupping: 45 mins, AED 560

Promotes the free flow of the body's energy, blood and fluids, detoxifying and removing congestion. Your immune system is stimulated, as well as the production of new and healthier blood. Cupping therapy will give you a new feeling of complete well-being.

4. Therapeutic Conditions

Dry Cupping: 45 mins, AED 560

Hijama or Wet Cupping: 60 mins, AED 645

Therapy to restore your health and aid the recovery from various conditions, such as back-aches, lumbago, sciatica, neck and shoulder pain, rheumatism, headache, migraine, stress headache, bloating, indigestion, chronic constipation and acidity.



For lifestyle and treatment consultations, please contact

Dr. Benazir Quaraishi
 Unani Medicine and Cupping
 Practitioner

benazir.quaraishi@wafi.com

MEDI DIAMOND

SCHEDULE APPOINTMENT

04 324 7700

MEDI DIAMOND FACIALS

The essence of Medi-Diamond is the Colloidal Diamond compound. In this compound nano-sized diamonds are formulated with substances that are rich in protein and oil to nourish skin, lock in moisture and aid hydration.

Ultimate Facial Treatment Program

90 mins, AED 1,100

- Wrinkle Improving and Anti-Ageing Facial
- Whitening and Hydrating

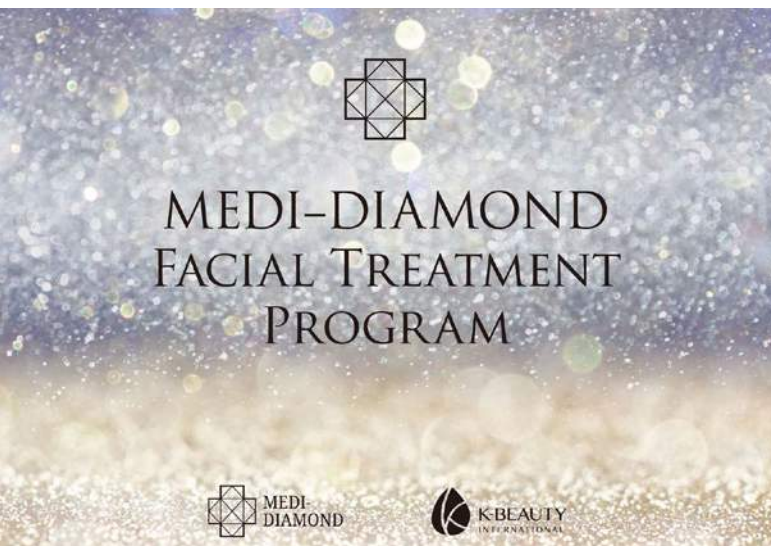
The ultimate, perfective, double-mask Pure Colloidal Diamond care delivering patented wild plant extracts into the deepest layers of your skin. A second, patented Black Diamond Charcoal Mask will deliver lasting, Botox-mimetic, detoxifying and whitening results.

Luxury Facial Treatment Program

60 mins, AED 895

- Wrinkle Improving and Anti-Ageing Facial
- Whitening and Hydrating

Luxurious Pure Colloidal Diamond technology delivering patented Oriental wild plants extracts into the deepest layers of the skin, right where they are needed most. The total regenerating Nano Mist Colloidal Diamond Spray Essence will boost skin's natural reproduction while the eye & lip care will perfect, drain and de-puff the look.



EXTEND YOUR TREATMENT
 BY 15 MINUTES FOR JUST
 AED 100.

Choose any of the following
 additions:

- Nourishing hair treatment
- Head or neck and shoulder massage
- Foot and ankle massage

ELEMIS

SCHEDULE APPOINTMENT

04 324 7700

ELEMIS BIOTEC FACIALS

Our facials deliver immediate, visible and longer lasting results. The pioneering BIOTEC machine works to switch your skin back on, increasing its natural cellular energy. The clinically proven result? Visibly healthy, nourished and energized skin.

Line Eraser

60 mins, AED 675

Target wrinkles and energize the skin towards optimum performance with micro-current pulses and red and blue light therapy. A powerfully rejuvenating, clinically-proven facial treatment that effectively irons out wrinkles and fills out lines.

Firm-A-Lift

60 mins, AED 675

Rediscover the architecture of your face with this ground-breaking blend of massage and sculpting galvanic technology. Skin is visibly strengthened for a contoured complexion that is remarkably lifted.

Skin Resurfacer

60 mins, AED 675

This revolutionary clinically proven facial addresses skin tone, blemishes and fine lines to transform the texture of the skin. The ultrasonic peel, massage and light therapy delivers a complexion that has never been smoother.

Radiance Renew

60 mins, AED 675

This cellular-boosting treatment targets sluggish complexions. The ultrasonic peel stimulates the removal of impurities and dead skin cells, while the galvanic rejuvenating current restores moisture for instantly clearer and visibly brighter skin.

ELEMIS HANDS ON FACIALS

Pro-Collagen Age Defy

75 mins, AED 650

Clinically proven to reduce the number of wrinkles by up to 94% and improve skin firmness by up to 57% after just one treatment. Specialized lift massage, combined with proven marine extract and padina pavonica, helps re-energize cell communication and rejuvenate skin. A 60-minute facial followed by a 15-minute eye treatment.

Dynamic Resurfacing Precision Peel

60 mins, AED 650

Peel away the years for smoother, renewed skin, this treatment is clinically proven to resurface up to 75% and increase skin smoothness by up to 30% after just one treatment. With the pioneering precision layering of tri-enzyme serums, this unique treatment targets blemishes, uneven skin tone, superficial facial scarring and fine lines, revealing younger looking skin. A 60-minute, results-focused facial.

Super Foods Pro-Radiance

75 mins, AED 650

Revives dull, slackened skin, restoring radiance for the perfect pre-occasion treatment. Moisture levels are clinically proven to increase by up to 60% with elasticity increasing up to 40% after just one treatment. Specialised, micro-circulatory massage, combined with a two-phase amino active mask helps smooth, firm, plump and restore radiance. A 60-minute facial followed by a 15-minute eye treatment.



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Choose any of the following
additions:

- Anti ageing eye treatment
- Oxygen infusion - face
- Light therapy - face
- Nourishing hair treatment
- Head or neck and shoulder massage
- Foot and ankle massage

HYDROPEPTIDE

SCHEDULE APPOINTMENT

04 324 7700

HYDROPEPTIDE FACIALS

HydroPeptide leads the industry in harnessing the power of peptides to deliver unparalleled anti-aging results. The unique combination of encapsulated peptides strengthen your skin's foundation and allows your skin to reach its youthful potential.

Fire And Ice

60 mins, AED 550

This stimulating facial offers advanced resurfacing, encouraging cellular growth for immediate radiance. An instant cooling mask treatment detoxifies and minimizes the appearance of pores and offers immediate firming and nourishment while focusing on erasing fine line, wrinkles, blemishes and rough textured skin. Advanced peptide performance offers a much fresher, younger, and smoother skin.

Deep Cleanse

60 mins, AED 550

Improves skin clarity while combating acne and unbalanced skin. A combination of salicylic acid and acne fighting peptides improve skin smoothness and balance oil production, unclogs pores and speeds up skin cell turnover, while enhancing an overall glow and revealing healthy skin.

illuminating Anti-Wrinkle

60 mins, AED 550

HydroPeptide's Signature Facial. This relaxing, "no downtime" treatment infuses skin with the restorative and uplifting benefits of peptides, growth factor activators and proteins. Begin the treatment with a two step peel that incorporates Vitamin C infused microdermabrasion crystals and a plumping activator to reveal fresh, glowing skin. A hybrid treatment mask purifies with bentonite and kaolin clay while wrinkle fighting peptides leave skin firm and rejuvenated. Fine lines and wrinkles don't stand a chance with this signature age-defying treatment.

Anti-Stress Express

30 mins, AED 300

HydroPeptide's Anti-Stress Express Facial is for those who are short on time but still want the benefits of a full treatment. Stability peptides help to balance stressed skin, while Echinacea stem cells provide instant and long-lasting hydration. A multi-functional cranberry pomegranate treatment mask provides exfoliation and rich nutrients for renewed radiance and elasticity.

Quench And Glow Express Facial

30 mins, AED 300

This nourishing facial will leave even the most thirsty skin hydrated and ready for the elements. Peptides and brightening botanicals will instantly penetrate the skin, increasing water retention while reducing the appearance of fine lines and wrinkles.



ADD-ON 15 MINUTES FOR JUST AED 100 FROM THE \$ OPTIONS:

- Brightening Décolleté treatment
- Add on lip treatment
- Revital Eye treatment

EXTEND YOUR TREATMENT BY 15 MINUTES FOR JUST AED 100.

Choose any of the following additions:

- Nourishing hair treatment
- Head or neck and shoulder massage
- Foot and ankle massage

MAINTENANCE

SCHEDULE APPOINTMENT

04 324 7700

Threading

AED 75
Upper lip

AED 70
Eyebrow

AED 60
Chin

AED 120
Face

Hands and Feet

AED 155
Oriental softness; hands **or** feet

AED 220
Oriental softness; hands **and** feet

AED 110 / 140
Paraffin wax; hands / feet

Waxing

AED 65
Upper lip

AED 80
Upper arm

AED 110 / 150
Arm Half / Full

AED 130 / 90
Chest / Stomach

AED 175
Back & Shoulders

AED 120 / 175
Leg Half / Full

AED 130 / 155
Bikini line / Plus

AED 185
Brazilian



EXTEND YOUR TREATMENT
BY **15 MINUTES** FOR JUST
AED 100.

Choose any of the following
additions:

- Anti Ageing Eye treatment
- Oxygen infusion - face, Light therapy - face
- Nourishing hair treatment
- Head or neck and shoulder massage
- Foot and ankle massage

MASSAGES

SCHEDULE APPOINTMENT

04 324 7700

AYURVEDIC MASSAGES

Shirodhara

90 mins, AED 620

The holistic treatment to de-stress both body and mind. The procedure comprises of a full body massage followed by Dhara (steady stream of herbal oils) poured on the forehead. This is an excellent treatment which improves concentration levels and memory. In addition, it is highly recommended for individuals with sleeping disorders.

Udwarthanam

90 mins, AED 540

A herbal powder massage for slimming and toning. Powder massage therapy is the anti-cellulite treatment in Ayurveda. There are 17 types of rare herbs which work on the deeper layers of the skin and tissues and help deplete fatty deposits. A series of treatments or package is recommend for better results.

Elakhizi

60 mins, AED 460 | 90 mins, AED 600

Elakkizhi involves herbal leaves poultice massage therapy which detoxifies the body. This is beneficial in muscular pain, joint stiffness, arthritis disorders and backaches.

Abyangga

60 mins, AED 415 | 90 mins, AED 570

Abhyanga is a full body oil massage which helps to relax, promotes sleep and improves blood circulation.

Chakra Balancing Head Massage

30 mins, AED 305

A holistic Indian head massage therapy that balances the body, mind and spirit, and promotes health and well being.



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MASSAGES

SCHEDULE APPOINTMENT

04 324 7700

Cleopatra's Signature Massage

75 mins, AED 585

A fusion of Middle Eastern and Western techniques, Cleopatra's signature massage incorporates stretching and pressure point manipulation. A relaxing and energizing medium to firm massage is delivered using the finest Oud candle massage oil.

Lymphatic Drainage

60 mins, AED 420 | 90 mins, AED 565

Improves the performance of the lymphatic system, to help eliminate facial and body toxins. The massage techniques are soft, with a pumping effect. This treatment is ideal for fluid retention, heavy legs, post-operative care, eye bags and cellulite.

Elemis Deeper Than Deep Hot Stone

75 mins, AED 560

Therapeutic heat is slowly released into the belly of the muscle for a completely new body experience. Small stones are placed on key energy points, whilst luxuriously warmed oils are massaged deeply into the body for maximum relaxation. A 60-minute hot stone massage following a 15-minute relaxing and balancing head massage.

Balinese

30 mins, AED 315 | 60 mins, AED 440 | 90 mins, AED 585

A medium to firm pressure massage combines gentle stretching, palm stroking, skin rolling, pinching, kneading and thumb pressures, using natural oils and massage techniques to breakdown tension, unblock meridian lines and soothe both body & mind.

Deep Tissue

30 mins, AED 335 | 60 mins, AED 465 | 90 mins, AED 620

Submit your body to a vigorous workout with deep rhythmic pressure massage focused on relieving specific stress and muscle tension. This powerful, customized massage uses dynamic blends of essential oils to suit individual needs.

Swedish Relaxation

30 mins, AED 295 | 60 mins, AED 420 | 90 mins, 565

European massage techniques are used to release tension and induce relaxation. A mild to medium pressure full body massage with the use of blended nourishing oils.

Elemis Peaceful Pregnancy

75 mins, AED 435

This inspirational therapy connects mother and baby through the power of touch, working with two heartbeats as one. Specialized positioning is used to ensure the ultimate in safety, comfort and relaxation. Helping to relieve tension in the back and alleviating swelling in the hands and feet, while easing the mind and uplifting the spirit. A 60-minute massage followed by a 15-minute cleanse and tone facial.

Reflexology

60 mins, AED 380

A massage in which pressure is applied onto particular areas of the soles of the feet. The pressing of the "reflex area" of the feet is effective in stimulating the function of the internal organs.



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PACKAGES

SCHEDULE APPOINTMENT

04 324 7700

Gift Of The Nile

240 mins, AED 2,000

- Morjana Amber Body Cleanse
- Morjana Amber Body Exfoliation
- Cleopatra's Signature Rosepetal Bath
- Cleopatra's Signature Massage
- Ultimate Medi Diamond Facial
- Complimentary access to Pharaohs' Club facilities

Passage To India

150 mins, AED 850

- Elakhizzi Massage
- Dhara
- 1 Yoga session (group session) at Pharaohs' Club
- Complimentary access to Pharaohs' Club facilities

Perfect Gentlemen

150 mins, AED 850

- Hydrobath
- Deep Tissue Massage
- HydroPeptide Fire and Ice Facial (60 mins)
- 1 complimentary HydroPeptide retail product
- Complimentary access to Pharaohs' Club facilities

Pearl Of The Mediterranean

180 mins, AED 1,300

- Nomad's Secret Hammam
- Swedish Massage
- HydroPeptide Illuminating Anti-Wrinkle Facial
- Complimentary access to Pharaohs' Club facilities

Oriental Experience

150 mins, AED 600

- Exotic Lime and Ginger Body Scrub
- Balinese Massage
- 1 Yoga session (group session) at Pharaohs' Club
- Complimentary access to Pharaohs' Club facilities



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BRIDE TO BE

SCHEDULE APPOINTMENT

04 324 7700

Nomad's Secret Hamman

3 sessions, AED 1,200

6 sessions, AED 2,200

Middle Eastern Promise

3 sessions, AED 2,350

6 sessions, AED 4,400

Medi-Diamond Facial Treatment Program

3 Ultimate sessions, AED 2,475 | 3 Luxury sessions, AED 2,000

6 Ultimate sessions, AED 4,600 | 6 Luxury sessions, AED 3,700



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RITUALS

SCHEDULE APPOINTMENT

04 324 7700

Middle Eastern Promise

150 mins, AED 1,050

Inspired by true Arabian rituals, this Cleopatra's signature treatment will take you to a beauty haven. Like a bridge between two worlds, the Oud and Amber essence will be your passage to a real Middle Eastern spa experience. Your skin will be polished to perfection with Oud oriental body scrub followed by a relaxing Cleopatra's signature massage using Oud candle massage oil. Ending the ritual, you will be submerged to Cleopatra's exquisite rose petal bath on a gold tub.

Sumptuous Argan and Amber Body Ritual

120 mins, AED 875

Using the finest Argan oil of Morocco, your skin will be soften and nourished after relaxing with Cleopatra's signature massage. Restoring your skin's tranquility, the amber body scrub and body wrap will leave your skin rejuvenated and glowing.

Cleopatra's Signature Rose Petal Bath

30 mins, AED 325

Enter Cleopatra's favourite suite and experience the luxurious rose petal bath with perfume oil that deeply nourishes and pampers your skin.

Nomad's Secret Hammam

60 mins, AED 545

Enjoy this purifying Hammam from ancient Arabia. Relax and let the scented black olive soap purify your body and clear your senses. Glow with vitality as a vigorous exfoliation with your personal Moroccan Hammam mitt leaves your skin stimulated and energized. A detoxifying body wrap of green clay mixed with a blend of essential oils will help draw out impurities and further soften skin.

Cleopatra's Back Cleansing

60 mins, AED 425

Developed for tired and stressed bodies, this treatment is ideal at any moment of the day. The sensual body scrub with delicious notes leaves your skin divinely soft and silky. The amber body wrap will purify your skin, while taking away your back tension, using oriental massage techniques.

Hydrobath

30 MINS, AED 230

A detoxifying and relaxing body treatment via water jets directed onto your body. This treatment helps to increase blood circulation and delivers more oxygen and nutrients to the soft tissues. The lymphatic system is also activated giving a generous boost to the immune system and massage on cellulite prone areas helps to break down the fatty deposits and lessen its appearance.

Dead Sea Mineral Mud Body Wrap

60 mins, AED 455

This treatment gently peels away dead skin cells to reveal more youthful, healthier skin. Improves blood circulation and natural skin generation. Fine mud grains cleanse the skin and removes dirt particles and impurities.

Dead Sea Salt Body Scrub

30 mins, AED 275

Luxurious exfoliating body scrub with highly concentrated Dead Sea minerals, vitamins and natural oils. Nourishes, moisturises and tones your skin while massaging away dead skin cells for a silky smooth touch. Stimulates blood circulation and promotes the removal of toxins. Refreshing ocean scent and suitable for all skin types.

Scented Salt Bath

30 mins, AED 200

Harvested directly from the Dead Sea, these mineral salts will turn your bath into a pain relieving, skin healing spa. Each order comes with a certificate of authenticity. Fast, effective relief from the symptoms of Eczema and Psoriasis. Relaxes and energises the body to relieve stress and insomnia.



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- Foot and ankle massage



SPA ETIQUETTE

Amenities

Cleopatra's Spa offers separate female and male spas which include wet areas, lockers, change and shower facilities, robes, slippers, towels and personal amenities. Our wet areas encompass a steam room, sauna, Jacuzzi and cold plunge pool.

Cancellation Policy

Cleopatra's Spa requires a 24 hour notice period to cancel an appointment. Where possible we will assist with the rescheduling of a booking. Cancellations received within 6 hours of the treatment will incur a 50% cancellation fee. Full charge will be automatically imposed for a "no show" appointment (a guest who confirmed but did not show to the appointment).

Check In

We recommend that guests arrive 30 minutes before their appointment time so that they are able to enjoy the wet area facilities and complete the consultation and waiver forms. The appointment time is when the treatment commences, please allow at least 15 minutes for completion of the consultation and waiver form.

Group Bookings

A 50% deposit is required to reserve treatments for groups of three people and above.

Late Arrivals

In the event of arriving late for your appointment, depending on the booking schedule, your treatment time may be reduced, or another treatment will be recommended to you. If your treatment time is reduced the full amount for the treatment will be required.

Minimum Age

Guests must be over 18 years of age to enter the spa or to receive treatment.

Mobile Telephones

To ensure the optimum relaxation of all of our visitors, we request that mobile phones are put on silent, and that phones are stored securely inside your locker during your treatment.

Personal Items

Lockers and keys are provided for guests in the changing rooms. Cleopatra's Spa do not accept responsibility for the loss or damage of valuable items.

Refund Policy

Treatment packages, series, products and memberships are not refundable once purchased. With regards to retail, should you be less than satisfied with a purchased product, please return the product with the original receipt within 10 days of purchase.

Reservation

To avoid disappointment, we recommend that bookings for spa treatments are made in advance to ensure that your preferred treatment or therapist is available. Appointments are subject to availability.

Smoking & Alcohol

Smoking and the consumption of alcohol within the spa is strictly prohibited.

Spa Attire

Cleopatra's Spa provides bathrobes, disposable slippers and disposable underwear for each guest. Guests are advised to bring their own swimwear if they wish to use the steam room, sauna, Jacuzzi and cold plunge pool.

Spa Gift Vouchers

Cleopatra's Spa vouchers can be redeemed for a range of spa treatments. Please speak with the receptionist for further details.

Wet Area Admission

For treatments of AED 220 and above, admission is complimentary. For treatments valued below AED 220, an admission fee of AED 175 is payable.

OPENING HOURS:

Female Spa: 9am - 9pm daily

Male Spa: 10am - 9pm daily

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